



Mental Health and Substance Abuse Meeting Notes

August 3, 2016, 2:00 - 3:00 pm

Attendees: Amy Grace Edwards - Park County Public Health Agency, Jamie Feld - Boulder County Public Health, Lee Briggins - Boulder County Public Health, Mary Cornforth Cawood - Mesa County Health Department, Monica Younger - Tri-County Health Department, Troy Ward - Mesa County Health Department, Jordana Sabella - Pitkin County Public Health Agency, Haley Stewart - OPPI

Need to know:

- [Link for MHSA Call August 3, 2016](#)
- Next call on October 5, 2016. If you have any ideas for call topics in the meantime, please reach out to Jordana.

Detailed notes:

Agenda Item	Notes
Welcome, Introductions and Agenda Review	
Describe efforts you're working on in your area	<ul style="list-style-type: none">• Mesa County Health Department:<ul style="list-style-type: none">o Our new facilitator for Communities That Care starts in a few days.• Boulder County Public Health<ul style="list-style-type: none">o Syringe exchange is now running at 4 sites in Boulder County - 3 are located in Boulder and 1 is in Longmont.<ul style="list-style-type: none">▪ We've been working on outdoor disposal boxes, which allows disposal of syringes in an outdoor site that is secure, and will be disposed of in a sustainable manner.o Narcan/naloxone training. We've seen 12 reversals so far.o Break the Cycle Initiative: Group level interventions guided by a peer to stop spread of drug abuse for youth under the age of 24.o Opioid Task Force:<ul style="list-style-type: none">▪ Providing stigma training to groups, and working on getting everyone on board to share goals and a similar point of view.▪ We've held individual interviews.▪ The next step is to meet locally.o We've recently gained access to emergency room and outpatient data to help identify outbreaks of overdoses.



Mental Health and Substance Abuse Meeting Notes

August 3, 2016, 2:00 - 3:00 pm

- This can be used for mental health and other abuse indicators as well.
 - Will be working with emergency room providers to see how they pull their data.
 - Would be interested in hearing about stigma training, specifically geared towards physicians.
- Tri-County Health Department
 - o Opioid Task Force: facilitating all 3 counties working together.
 - Have just been working on communication and getting all of the kinks worked out.
 - Led by Health Department, but goes through the County Commissioners. Everyone has been working on smaller projects individually, and the Commissioners suggested that everyone work together.
 - Do you receive any additional funding from the Commissioners for that?
 - Not at the moment.
 - o Also working on syringe exchange in Aurora. It's very new, and just being kicked off by the local police force.
 - o Working on creating/finding a Stigma training with our SIM funding
 - Currently gathering a workgroup with 20 people from the community and Local Public Health in 7 regions.
 - We will develop messaging and message framing with help from a local firm called Evolution.
 - We will pilot some of the training.
 - We want to set it up so that people seeking behavioral health services will feel more comfortable sharing in the provider's office.
 - Are you looking to target primary care providers?
 - Yes, everyone who is in that office - from the receptionist to the actual provider.
 - We have also applied for more funding for assistance with framing and how to get the message out there.
 - o Anything to share with the OBH grant?
 - We're working in Douglas County, getting a coalition together (mainly working with previous coalition members), and will be at the Douglas County fair.
- Park County Public Health Agency:



Mental Health and Substance Abuse Meeting Notes

August 3, 2016, 2:00 - 3:00 pm

- o Doing county-wide survey of citizens to see where everyone feels our resources are lacking. If it's with providers, better crisis support, help with getting to appointments, more resource groups, etc. We're seeing where the community wants the help and support. Still waiting on getting data back on that survey.

General questions for the group:

- How is everyone doing with their Communities That Care grant? Did Boulder just get one?
 - o Boulder did, but we're unable speak to that right now. We're hiring a couple of staff to help with that now.
 - o Mesa was just awarded one.
 - o Tri-County has a main coordinator, and will be hiring more to assist. It seems like it's laid out step by step, and very prescriptive.
- Of these opportunities, did you just jump on what came along, or did you work to get involved according to the work you were planning on doing? Is that too confusing of a question?
 - o From the Tri-County perspective, we wanted to address this in our strategic plan, and had gaps in prevention work. We knew we needed some prevention work in other areas. When we saw the opportunity to apply for the CTC grant, that's what motivated us. We applied for a SIM grant in conjunction with other agencies for stigma training funding as well. That's mainly what is holding people back from seeking assistance. It's either driven from strategic plan, or what leadership has determined, or from local groups influencing.
 - o For Boulder, it was in the strategic plan. We had a coalition already in existence that was working without much money. Then the CTC grant came along. Opioid is a little different from 2010 to 2016, as we saw a seven-fold increase in need. As we listened to the national perspective, we recognized the need in our community. Stigma is a good place to start.
- Any updates from OPPI?
 - o We're wondering if anyone is planning on attending PHiR in a few weeks?
 - Jamie will be presenting on opioids.
- Would it be helpful to share/highlight the sessions through this forum?
 - o Yeah, that would be great, once we know what time presentations are.